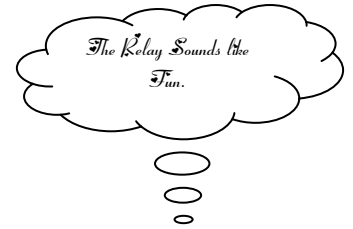




SMR XCC Challenge



Saturday June 27th, 2009
Penbank School – Mornington-Tyabb Road,
Moorooduc

Melways Ref: 146 F6

Walk the Course from 9:15am, Marshalling First Event: 9:45am

Program of Events		
Event #	Age groups	Distance
1/2	U13 B/G	3000m
3/4	U14 B/G	3000m
5/6	U15 B/G	3000m
7/8	U9 B/G	1500m
9/10	U10 B/G	1500m
11/12	U11 B/G	2000m
13/14	U12 B/G	2000m
15/16	U8 B/G	1000m
17/18	U7 B/G	800m
19/20	U6 B/G	800m
21/22	U16 B/G & Open	3000m
23/24	U13-U15 B/G	3 x 1500m Relay
25/26	U9-U12 B/G	4 x 1000m Relay

Medals
for 1st, 2nd & 3rd,
Ribbons 4th to 8th

Both Individual and
Team medals presented
for each race

Something **Different?**
Try a **Cross Country Relay as well!**
There's Mixed Age Cross Country Relays
for Boys & Girls.
YOU CAN ENTER BOTH
AN INDIVIDUAL EVENT AND A RELAY.

*Note: Open Age athletes must sign a waiver before competing.
Age Group genders maybe combined due to numbers.
For Relay Teams - There must be an athlete from each age group.
Athletes can move up age groups to fill a position.*

ENTRY FEE: \$6.00 PER INDIVIDUAL, \$9.00 FOR INDIVIDUAL TEAMS AND RELAY TEAMS
ENTRIES CLOSE: MONDAY JUNE 15TH – No INDIVIDUAL LATE ENTRIES ACCEPTED.

OPEN TO ALL LITTLE ATHLETES ACROSS VICTORIA.
See your Centre's Cross Country Co-ordinator to Enter.

For further Information on course layouts, finalised program, entry forms etc. contact the SMR Organising Secretary,
Steve Lopes -- email: smr.orgsecretary@vlaa.asn.au or mobile: 0412 530 163

