



# SEAFORD LITTLE ATHLETICS CENTRE

## Open Day - Sunday February 10<sup>th</sup> 2008



Riviera Park, Eel Race Road, Seaford  
Melway 97 F10

### First Event 9.30am

- Entries : To Seaford Little Athletics Centre  
PO Box 1038, Belvedere LPO, Seaford 3198  
**\$5.00 per event or 4 events for \$16 (max 4 events)**  
Entries close Monday February 4<sup>th</sup> 2008  
Late entries, where possible, may be accepted at \$6.00 per event  
For insurance reasons, no late entries for U16-18 athletes  
**NO ENTRIES WILL BE ACCEPTED ON THE DAY**  
Cheques payable to Seaford LAC. No cash in mail please
- Uniform : Centre uniform or club uniform with **current age group tag** attached  
Under 16-18 must wear AV number tag
- Spikes/Blocks : Please note spikes may be worn by U11-U18 athletes  
Spikes permitted in laned and field events only  
Starting blocks may be used by U12-U18 athletes
- Progressions : Each athlete may progress, if preferred event is not offered in correct age group.  
Exceptions : U13 may progress 2 age groups for steeplechase & walk  
No progressions allowed in U11 Javelin
- Under 16 -U18 : Under 16-18 will combine to run as Inter-aths
- General : Full canteen facilities and bbq operating  
Electronic timing on straight track  
Medals for 1st, 2nd, 3rd. Ribbons to all competitors
- Inquiries : To Aileen Cosans 9786 1488 after 6pm or email slac99@iprimus.com.au

### Multiple Entry Form

SURNAME \_\_\_\_\_ CENTRE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ TEL \_\_\_\_\_

Please enter the following athletes in the events circled. All events run separately for girls and for boys.

#### FIRST NAME

_____	G / B	U6	70m	200m	60mH	LJ	Dis				
_____	G / B	U7	70m	200m	60mH	LJ	SP				
_____	G / B	U8	100m	200m	60mH	800m	LJ	Dis			
_____	G / B	U9	100m	200m	60mH	800m	TJ	SP	1100mW		
_____	G / B	U10	100m	200m	60mH	800m	LJ	Dis	1100mW		
_____	G / B	U11	100m	200m	60mH	800m	TJ	SP	Jav		
_____	G / B	U12	100m	200m	60mH	800m	LJ	Dis	1500mW	2000mStp	
_____	G / B	U13	100m	200m	80mH	800m	TJ	SP	Jav		
_____	G / B	U14	100m	200m	80/90mH	800m	LJ	Dis	Jav		
_____	G / B	U15	100m	200m	90/100mH	800m	TJ	SP	1500mW	2000mStp	Jav
_____	G / B	Inter	100m	200m	90/100mH	800m	LJ	Dis	1500mW	2000mStp	Jav

Payment enclosed for \_\_\_\_\_ events \$ \_\_\_\_\_.

Email Address: \_\_\_\_\_