

**Northern Metro Region - 18/11/2007**  
**Relay Championships**  
**Meadowglen International Athletics Track**  
**Results**

**Girls Under 7 4x100 Metre Relay**

NMR: 1:13.06

1	Essendon	A	1:17.31
2	Keilor	A	1:24.50
3	Craigieburn	A	1:25.78
4	Whittlesea City	A	1:27.37
5	Keilor	B	1:29.92
---	Diamond Valley	A	DNS
---	Diamond Valley	B	DNS

**Girls Under 8 4x100 Metre Relay**

NMR: 1:07.47

1	Diamond Valley	A	1:10.84
2	Essendon	A	1:13.44
3	Whittlesea City	A	1:15.58
4	Diamond Valley	B	1:15.83
5	Coburg	A	1:16.56
6	Keilor	A	1:20.88
7	Whittlesea City	B	1:23.63
---	Craigieburn	A	DNS

**Girls Under 9 4x100 Metre Relay**

VBP: 1:00.10      NMR: 1:03.49

1	Keilor	A	1:07.81
2	Diamond Valley	A	1:11.15
3	Essendon	A	1:11.61
4	Whittlesea City	A	1:12.51
5	Sunbury	A	1:12.77
6	Craigieburn	A	1:23.43
---	Coburg	A	DQ
---	Fawkner	A	DNS

**Girls Under 10 4x100 Metre Relay**

VBP: 58.70      NMR: 1:00.36

1	Whittlesea City	A	1:04.74
2	Whittlesea City	C	1:08.05
3	Essendon	A	1:08.53
4	Diamond Valley	A	1:10.01
5	Whittlesea City	B	1:11.17
6	Craigieburn	A	1:19.19

**Girls Under 11 4x100 Metre Relay**

VBP: 55.40      NMR: 57.26

<b>Heat 1</b>			
1	Diamond Valley	A	1:02.63 Q
2	Whittlesea City	A	1:04.20 q
3	Essendon	A	1:04.77 q
4	Keilor	B	1:06.51 q
5	Coburg	B	1:06.74 q
<b>Heat 2</b>			
1	Keilor	A	1:01.86 Q
2	Coburg	A	1:03.01 q
3	Diamond Valley	B	1:06.67 q
4	Sunbury	A	1:06.97
5	Craigieburn	A	1:11.60

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**FINAL**

1	Keilor	A	59.50
2	Diamond Valley	A	59.94
3	Coburg	A	1:02.04
4	Whittlesea City	A	1:03.53
5	Essendon	A	1:04.16
6	Keilor	B	1:04.62
7	Diamond Valley	B	1:07.21
8	Coburg	B	1:07.41

**Girls Under 12 4x100 Metre Relay**

**VBP: 52.60      NMR: 54.65**

1	Diamond Valley	A	55.58
2	Keilor	A	56.69
3	Diamond Valley	B	58.69
4	Whittlesea City	A	1:02.71
5	Coburg	A	1:12.43
---	Craigieburn	A	DNS

**Girls Under 13 4x100 Metre Relay**

**VBP: 51.12      NMR: 51.92**

1	Diamond Valley	A	53.28
2	Whittlesea City	A	58.05
3	Kilmore & Districts	A	1:02.02
4	Coburg	A	1:04.13
---	Hume	A	DQ
---	Sunbury	A	DQ

**Girls Under 14 4x100 Metre Relay**

**VBP: 50.20      NMR: 50.50**

1	Diamond Valley	A	52.21
2	Keilor	A	52.43
3	Whittlesea City	A	56.70

**Girls Under 15 4x100 Metre Relay**

**VBP: 49.14      NMR: 49.49**

1	Diamond Valley	A	52.60
2	Keilor	A	54.81

**Girls Under 9 4x200 Metre Relay**

**VBP: 2:11.60      NMR: 2:21.70**

1	Diamond Valley	A	2:46.01
---	Keilor	A	DQ

**Girls Under 10 4x200 Metre Relay**

**VBP: 2:03.20      NMR: 2:10.57**

1	Whittlesea City	A	2:25.61
2	Keilor	A	2:28.78
3	Essendon	A	2:33.23
4	Whittlesea City	C	2:43.25
5	Whittlesea City	B	2:43.44
6	Craigieburn	A	3:12.53

**Girls Under 11 4x200 Metre Relay**

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**VBP: 1:59.21      NMR: 2:02.90**

1	Keilor	A	2:10.13
2	Coburg	B	2:26.29
3	Sunbury	A	2:31.05
4	Diamond Valley	A	2:31.95
5	Whittlesea City	A	2:33.59
6	Craigieburn	A	2:50.02
---	Keilor	B	DQ
---	Coburg	A	DQ

**Girls Under 12 4x200 Metre Relay**

**VBP: 1:54.00      NMR: 1:55.58**

1	Essendon	A	2:03.06
2	Keilor	A	2:04.76
3	Diamond Valley	A	2:08.43
4	Coburg	A	2:18.34
---	Craigieburn	A	DNS

**Girls Under 13 4x200 Metre Relay**

**VBP: 1:48.50      NMR: 1:51.61**

1	Keilor	A	1:56.31
2	Diamond Valley	A	1:56.54
3	Coburg	A	2:13.11
4	Sunbury	A	2:17.17
---	Hume	A	DQ

**Girls Under 14 4x200 Metre Relay**

**VBP: 1:47.09      NMR: 1:49.65**

1	Keilor	A	1:50.39
2	Whittlesea City	A	2:05.43

**Girls Under 15 4x200 Metre Relay**

**VBP: 1:44.04      NMR: 1:47.07**

1	Diamond Valley	A	1:53.46
2	Keilor	A	1:59.32

**Girls Under 9 Medley**

**VBP: 2:21.22      NMR: 2:23.95**

1	Keilor	A	2:33.86
2	Diamond Valley	A	2:40.52
3	Coburg	A	2:51.03

**Girls Under 10 Medley**

**VBP: 2:13.12      NMR: 2:16.79**

1	Keilor	A	2:29.73
2	Diamond Valley	A	2:35.70
3	Whittlesea City	A	2:38.20
4	Whittlesea City	B	2:43.37
5	Diamond Valley	B	2:49.95

**Girls 7-10 Medley**

**NMR: 2:26.23**

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1	Coburg	A	2:31.22
2	Whittlesea City	A	2:36.31
3	Essendon	A	2:47.82
4	Sunbury	A	2:51.60
5	Hume	A	2:53.14
6	Craigieburn	A	2:56.78
7	Coburg	B	2:56.93
8	Fawkner	A	3:09.79

**Girls Under 11 Medley**

**VBP: 2:03.81      NMR: 2:04.35**

1	Keilor	A	2:10.05
2	Coburg	A	2:18.60
3	Diamond Valley	A	2:18.77
4	Keilor	B	2:29.98
5	Coburg	B	2:30.80
6	Sunbury	A	2:35.84
7	Whittlesea City	A	2:36.01

**Girls Under 12 Medley**

**VBP: 1:58.68      NMR: 2:00.81**

1	Diamond Valley	A	2:04.96
2	Essendon	A	2:07.10
3	Coburg	A	2:16.22
4	Diamond Valley	B	2:19.29

**Girls 9-12 Medley**

**VBP: 2:05.50      NMR: 2:08.63**

1	Whittlesea City	A	2:26.44
2	Craigieburn	A	2:40.86

**Girls Under 13 Medley**

**VBP: 1:53.66      NMR: 1:55.97**

1	Diamond Valley	A	1:59.06
2	Keilor	A	2:05.24
3	Hume	A	2:21.98

**Girls Under 14 Medley**

**VBP: 1:50.72      NMR: 1:50.72**

1	Diamond Valley	A	1:58.10
2	Keilor	A	2:06.62

**Girls Under 15 Medley**

**VBP: 1:48.68      NMR: 1:50.01**

1	Diamond Valley	A	1:57.86
---	Keilor	A	DQ

**Girls 13-15 Medley**

**VBP: 1:50.66      NMR: 2:00.73**

1	Whittlesea City	A	2:07.81
2	Fawkner	A	2:30.38
---	Craigieburn	A	DNS

**Boys Under 7 4x100 Metre Relay**

**NMR: 1:11.14**

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1	Sunbury	A	1:12.96
2	Whittlesea City	A	1:17.48
3	Keilor	A	1:18.45
4	Keilor	B	1:21.32
5	Craigieburn	A	1:21.51
6	Hume	A	1:33.37
---	Diamond Valley	A	DNS

**Boys Under 8 4x100 Metre Relay**

NMR: 1:06.83

1	Keilor	A	1:11.58
2	Hume	A	1:13.46
3	Whittlesea City	A	1:14.05
4	Essendon	A	1:15.30
5	Diamond Valley	A	1:15.50
6	Keilor	B	1:17.27
7	Sunbury	A	1:18.84
8	Craigieburn	A	1:26.61

**Boys Under 9 4x100 Metre Relay**

VBP: 59.00      NMR: 1:03.12

**Heat 1**

1	Coburg	A	1:07.16	Q
2	Fawkner	A	1:12.35	q
3	Diamond Valley	B	1:12.61	q
4	Whittlesea City	B	1:15.05	q
5	Sunbury	A	1:16.10	q
---	Keilor	A	DQ	
---	Craigieburn	A	DNS	

**Heat 2**

1	Diamond Valley	A	1:05.58	Q
2	Whittlesea City	A	1:06.30	q
3	Coburg	B	1:10.50	q
---	Essendon	A	DQ	
---	Keilor	B	DQ	

**FINAL**

1	Diamond Valley	A	1:04.29
2	Whittlesea City	A	1:05.07
3	Coburg	A	1:07.12
4	Coburg	B	1:09.75
5	Fawkner	A	1:11.45
6	Diamond Valley	B	1:14.10
7	Whittlesea City	B	1:14.92
8	Sunbury	A	1:16.38

**Boys Under 10 4x100 Metre Relay**

VBP: 56.30      NMR: 59.48

1	Whittlesea City	A	1:00.56
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2	Diamond Valley	A	1:00.82
3	Keilor	A	1:03.77
4	Essendon	A	1:04.41
5	Keilor	B	1:06.09
6	Whittlesea City	B	1:06.45
7	Hume	A	1:08.10
8	Coburg	A	1:08.45

**Boys Under 11 4x100 Metre Relay**

**VBP: 54.30      NMR: 55.71**

1	Keilor	A	56.92
2	Diamond Valley	A	57.37
3	Essendon	A	59.81
4	Kilmore & Districts	A	1:03.81
5	Essendon	B	1:04.99
6	Whittlesea City	A	1:06.12
7	Coburg	A	1:08.96
---	Hume	A	DQ

**Boys Under 12 4x100 Metre Relay**

**VBP: 52.37      NMR: 53.61**

1	Diamond Valley	A	55.13
2	Keilor	A	56.53
3	Whittlesea City	A	58.50
4	Essendon	A	1:00.17
5	Keilor	B	1:00.35
6	Whittlesea City	B	1:05.23
7	Coburg	A	1:08.20

**Boys Under 13 4x100 Metre Relay**

**VBP: 49.52      NMR: 50.42**

1	Whittlesea City	A	51.78
2	Diamond Valley	A	53.33
3	Essendon	A	54.37
4	Whittlesea City	B	57.77
5	Diamond Valley	B	57.97
---	Keilor	A	DQ
---	Sunbury	A	DQ

**Boys Under 14 4x100 Metre Relay**

**VBP: 46.18      NMR: 46.87**

1	Coburg	A	49.57
2	Diamond Valley	A	54.51

**Boys Under 15 4x100 Metre Relay**

**VBP: 44.83      NMR: 46.18**

1	Keilor	A	47.95
2	Diamond Valley	A	50.52
3	Coburg	A	50.75

**Boys Under 9 4x200 Metre Relay**

**VBP: 2:06.00      NMR: 2:15.64**

1	Diamond Valley	A	2:23.64
2	Keilor	A	2:24.82

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3	Essendon	A	2:25.26
4	Coburg	A	2:30.34
5	Fawkner	A	2:37.37
6	Diamond Valley	B	2:43.43

**Boys Under 10 4x200 Metre Relay**

VBP: 1:59.40      NMR: 2:08.00

1	Whittlesea City	A	2:08.52
2	Keilor	A	2:14.95
3	Whittlesea City	B	2:31.25
4	Craigieburn	A	2:42.68
---	Coburg	A	DQ

**Boys Under 11 4x200 Metre Relay**

VBP: 1:54.70      NMR: 2:01.94

1	Keilor	A	2:03.36
2	Essendon	A	2:08.29
3	Diamond Valley	A	2:12.67
4	Kilmore & Districts	A	2:21.00
5	Whittlesea City	A	2:27.83
6	Craigieburn	A	2:33.12
7	Hume	A	2:33.32

**Boys Under 12 4x200 Metre Relay**

VBP: 1:48.80      NMR: 1:55.03

1	Diamond Valley	A	1:59.45
2	Keilor	A	2:02.53
3	Kilmore & Districts	A	2:09.15
4	Whittlesea City	B	2:12.84
5	Whittlesea City	A	2:24.03
---	Craigieburn	A	DNS
---	Keilor	B	DNS

**Boys Under 13 4x200 Metre Relay**

VBP: 1:44.70      NMR: 1:49.65

1	Keilor	A	1:48.33 R
2	Diamond Valley	A	1:54.33
3	Whittlesea City	A	1:56.55
4	Essendon	A	2:00.42
5	Diamond Valley	B	2:06.94
6	Whittlesea City	B	2:10.95
7	Sunbury	A	2:12.15

**Boys Under 14 4x200 Metre Relay**

VBP: 1:37.40      NMR: 1:41.25

1	Keilor	A	1:43.33
2	Coburg	A	1:43.87
3	Diamond Valley	A	1:49.51

**Boys Under 15 4x200 Metre Relay**

VBP: 1:34.33      NMR: 1:38.99

1	Keilor	A	1:39.52
2	Coburg	A	1:44.76
3	Diamond Valley	A	1:44.95

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**Boys Under 9 Medley**

VBP: 2:13.70

NMR: 2:19.68

1	Keilor	A	2:22.86
2	Diamond Valley	A	2:27.23
3	Coburg	A	2:29.59
4	Keilor	B	2:39.50
5	Diamond Valley	B	2:47.33
---	Fawkner	A	DQ
---	Whittlesea City	A	DQ

**Boys Under 10 Medley**

VBP: 2:07.57

NMR: 2:10.28

1	Keilor	A	2:17.69
2	Essendon	A	2:22.51
3	Whittlesea City	A	2:28.83
4	Whittlesea City	B	2:35.91
5	Coburg	A	2:37.35
---	Craigieburn	A	DNS

**Boys 7-10 Medley**

NMR: 2:20.00

**Heat 1**

1	Keilor	A	2:39.28	Q
2	Sunbury	B	2:43.13	q
3	Craigieburn	A	2:44.66	q
4	Hume	A	2:49.36	q
5	Sunbury	C	2:55.64	q

**Heat 2**

1	Coburg	A	2:31.45	Q
2	Sunbury	A	2:31.78	q
3	Whittlesea City	A	2:42.28	q
---	Essendon	A	DQ	
---	Keilor	B	DQ	

**FINAL**

1	Coburg	A	2:29.38
2	Keilor	A	2:34.67
3	Sunbury	A	2:36.12
4	Craigieburn	A	2:42.33
5	Whittlesea City	A	2:48.05
6	Sunbury	C	2:49.80
7	Sunbury	B	2:58.69
8	Hume	A	3:03.75

**Boys Under 11 Medley**

VBP: 2:00.60

NMR: 2:06.54

1	Keilor	A	2:02.53	R
2	Diamond Valley	A	2:04.13	
3	Coburg	A	2:21.06	
4	Hume	A	2:28.89	

**Boys Under 12 Medley**

VBP: 1:52.50

NMR: 1:59.76

1	Keilor	A	2:11.26
2	Kilmore & Districts	A	2:12.15
3	Coburg	A	2:23.91
---	Whittlesea City	A	DQ

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**Boys 9-12 Medley**

VBP: 2:00.60      NMR: 2:08.28

1	Coburg	A	2:17.44
2	Whittlesea City	A	2:17.83
3	Essendon	A	2:18.61
4	Essendon	B	2:29.66
5	Coburg	B	2:30.57
6	Hume	A	2:36.97
---	Fawkner	A	DQ
---	Keilor	A	DNS

**Boys Under 13 Medley**

VBP: 1:48.67      NMR: 1:53.06

1	Keilor	A	1:55.06
2	Essendon	A	1:58.12
3	Whittlesea City	A	2:05.67
4	Diamond Valley	A	2:06.89

**Boys Under 14 Medley**

VBP: 1:43.50      NMR: 1:45.30

1	Keilor	A	1:51.85
---	Diamond Valley	A	DQ

**Boys Under 15 Medley**

VBP: 1:38.15      NMR: 1:40.49

1	Keilor	A	1:46.29
2	Diamond Valley	A	1:47.89
3	Coburg	A	1:48.79

**Boys 13-15 Medley**

VBP: 1:42.02      NMR: 1:45.58

1	Keilor	A	1:48.98
2	Whittlesea City	A	1:51.04
3	Hume	A	2:07.25
4	Craigieburn	A	2:20.64

**Mixed Under 7 4x100 Metre Relay**

NMR: 1:11.22

1	Whittlesea City	A	1:17.51
2	Keilor	A	1:18.02
3	Coburg	A	1:18.69
4	Keilor	B	1:21.42
5	Keilor	C	1:23.63
6	Craigieburn	A	1:24.11
7	Keilor	D	1:29.61
	Diamond Valley	A	DNS
	Diamond Valley	B	DNS

**Mixed Under 8 4x100 Metre Relay**

NMR: 1:06.60

**Heat 1**

1	Keilor	A	1:13.34 Q
2	Diamond Valley	B	1:15.38 q
3	Whittlesea City	B	1:16.88 q
4	Keilor	C	1:20.22

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5 Craigieburn A 1:29.19

**Heat 2**

1 Whittlesea City A 1:10.69 Q  
 2 Diamond Valley A 1:10.92 q  
 3 Essendon A 1:11.49 q  
 4 Hume A 1:12.94 q  
 5 Keilor B 1:19.19 q

**FINAL**

1 Diamond Valley A 1:09.49  
 2 Whittlesea City A 1:11.03  
 3 Keilor A 1:11.35  
 4 Hume A 1:11.68  
 5 Essendon A 1:13.29  
 6 Diamond Valley B 1:15.09  
 7 Whittlesea City B 1:17.37  
 --- Keilor B DQ

**Mixed Under 9 4x100 Metre Relay**

VBP: 59.74 NMR: 1:02.25

**Heat 1**

1 Essendon A 1:08.78 Q  
 2 Whittlesea City B 1:13.42 q  
 3 Fawkner A 1:16.56 q  
 4 Sunbury B 1:17.89 q  
 5 Craigieburn A 1:24.45  
 --- Keilor A DNS

**Heat 2**

1 Whittlesea City A 1:07.57 Q  
 2 Sunbury A 1:11.38 q  
 3 Essendon B 1:13.82 q  
 4 Coburg A 1:21.78 q  
 --- Kilmore & Districts A DNS

**FINAL**

1 Whittlesea City A 1:07.33  
 2 Essendon A 1:08.29  
 3 Sunbury A 1:12.32  
 4 Whittlesea City B 1:13.56  
 5 Essendon B 1:14.38  
 6 Sunbury B 1:16.83  
 7 Coburg A 1:17.18  
 8 Fawkner A 1:17.55

**Mixed Under 10 4x100 Metre Relay**

VBP: 58.31 NMR: 59.70

1 Whittlesea City A 59.58 R  
 2 Diamond Valley A 1:00.67  
 3 Diamond Valley B 1:03.99  
 4 Keilor A 1:04.25  
 5 Fawkner A 1:15.23  
 6 Craigieburn A 1:20.61

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---	Keilor	B	DNS
---	Hume	A	DNS

**Mixed Under 11 4x100 Metre Relay**

VBP: 55.86      NMR: 57.74

1	Diamond Valley	A	58.13
2	Essendon	A	1:00.16
3	Diamond Valley	B	1:01.55
4	Coburg	A	1:04.90
5	Whittlesea City	A	1:05.22
6	Essendon	B	1:06.64
7	Craigieburn	A	1:08.78
8	Sunbury	A	1:08.95

**Mixed Under 12 4x100 Metre Relay**

VBP: 53.10      NMR: 55.31

**Heat 1**

1	Diamond Valley	B	56.92	Q
2	Keilor	A	57.29	q
3	Essendon	A	1:01.01	q
4	Diamond Valley	C	1:02.30	q
---	Kilmore & Districts	A	DQ	
---	Keilor	C	DNS	

**Heat 2**

1	Diamond Valley	A	55.42	Q
2	Keilor	B	1:00.09	q
3	Fawkner	A	1:04.50	q
4	Coburg	A	1:09.54	q
5	Whittlesea City	A	1:09.81	

**FINAL**

1	Diamond Valley	A	55.15	R
2	Diamond Valley	B	56.04	
3	Keilor	A	56.45	
4	Keilor	B	59.81	
5	Diamond Valley	C	1:01.47	
6	Essendon	A	1:01.68	
7	Fawkner	A	1:02.01	
8	Coburg	A	1:07.17	

**Mixed Under 13 4x100 Metre Relay**

VBP: 51.06      NMR: 51.89

1	Diamond Valley	A	51.67	R
2	Diamond Valley	B	54.67	
3	Coburg	A	56.68	
4	Whittlesea City	A	1:00.46	
5	Fawkner	A	1:02.54	
6	Sunbury	A	1:04.20	

**Mixed Under 14 4x100 Metre Relay**

VBP: 47.92      NMR: 50.21

1	Diamond Valley	A	50.40
2	Coburg	A	52.38
3	Whittlesea City	A	55.22
4	Diamond Valley	B	56.77
---	Craigieburn	A	DNS

**Mixed Under 15 4x100 Metre Relay**

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**Meadowglen International Athletics Track**  
**Results**

**VBP: 47.46      NMR: 49.62**

1	Whittlesea City	A	56.63
---	Diamond Valley	A	DNS

**Mixed Under 9 4x200 Metre Relay**

**VBP: 2:14.02      NMR: 2:25.60**

1	Coburg	A	2:30.49
2	Essendon	A	2:33.99
3	Fawkner	A	2:43.42
4	Whittlesea City	A	2:48.41
---	Kilmore & Districts	A	DNS

**Mixed Under 10 4x200 Metre Relay**

**VBP: 2:08.36      NMR: 2:19.70**

1	Diamond Valley	A	2:13.67 R
2	Whittlesea City	A	2:17.09
3	Essendon	A	2:17.62
4	Keilor	A	2:18.56
5	Diamond Valley	B	2:21.28
6	Fawkner	A	2:44.88

**Mixed Under 11 4x200 Metre Relay**

**VBP: 2:01.98      NMR: 2:12.92**

1	Keilor	A	2:11.55 R
2	Essendon	A	2:17.03
3	Sunbury	A	2:24.88
4	Essendon	B	2:25.34
---	Coburg	A	DNF
---	Coburg	B	DQ

**Mixed Under 12 4x200 Metre Relay**

**VBP: 1:53.80      NMR: 2:03.37**

1	Keilor	A	2:00.55 R
2	Keilor	B	2:10.33
3	Essendon	A	2:11.02
4	Diamond Valley	A	2:14.95
5	Fawkner	A	2:15.80

**Mixed Under 13 4x200 Metre Relay**

**VBP: 1:49.04      NMR: 1:56.91**

1	Whittlesea City	A	1:55.86 R
2	Sunbury	A	2:05.96
3	Coburg	A	2:08.83
4	Whittlesea City	B	2:12.98
5	Fawkner	A	2:18.69

**Mixed Under 14 4x200 Metre Relay**

**VBP: 1:43.77      NMR: 1:45.93**

1	Diamond Valley	A	1:48.14
2	Whittlesea City	A	1:52.70
3	Coburg	A	1:55.16

**Mixed Under 15 4x200 Metre Relay**

**VBP: 1:41.14      NMR: 1:48.48**

1	Whittlesea City	A	2:02.82
---	Diamond Valley	A	DNS

**Northern Metro Region - 18/11/2007**  
**Relay Championships**  
**Meadowglen International Athletics Track**  
**Results**

**REGION TROPHY**

1	Diamond Valley	504
2	Keilor	483
3	Whittlesea City	429
4	Coburg	261
5	Essendon	226
6	Sunbury	92
7	Craigieburn	75
8	Fawkner	56
9	Hume	55
10	Kilmore & Districts	34