

Coburg All Star

OPEN DAY



Date: Sunday 2nd March 2008

Venue: Harold Stevens Reserve
Outlook Drive, Coburg
(Mel 18A10)

Time: Commencing 9:00am – Sharp

Entry Fee: \$4.00 per event (maximum 5 events)

Mail to: 51 Cornwall Street, West Brunswick 3055
Cheques/Postal Orders made payable to
Coburg Little Athletics Centre

Entries Close: 20th February, 2008 (Wednesday)
Late entries will not be accepted on the day.
Entries will only be accepted on receipt of payment of entry fees.

Enquiries: Nicholas Tsiaras – Competition Director
Mob: 0419 302 706 AH: 9416 8486

-----PLEASE RETURN THIS PORTION WITH PAYMENT-----✂-----
COBURG ALL STAR OPEN DAY – ATHLETE DETAILS

SURNAME:.....FIRST NAME:.....

ADDRESS:.....

PHONE NO:BOY/GIRL.....

EMAIL:.....

CENTRE.....AGE GROUP.....

SIGNATURE OF PARENT/GUARDIAN.....

PLEASE LIST SELECTED EVENTS:

1..... 2.....

3..... 4.....

5.....

PROGRESSION

ATHLETES WISHING TO ENTER INTO AN EVENT THAT IS NOT OFFERED IN THEIR OWN AGE GROUP MAY PROGRESS ONE AGE GROUP BUT SHALL BE COMPETING AT THAT AGE LEVEL, EXCEPT THAT:

- UNDER 7 ATHLETES MAY NOT ENTER TRIPLE JUMP AT UNDER 8 LEVEL
- AN 800-METRE RACE IS NOT OFFERED AFTER UNDER 12
- IN OPEN COMPETITION, ANY PERMITTED ATHLETE MAY ENTER THAT EVENT AS PER POINTS 1 & 2 BELOW
- HIGH JUMP ENTRANTS MUST BE ABLE TO JUMP STARTING HEIGHTS – SEE POINT 5 BELOW

EVENTS LISTED ABOVE APPLY TO BOTH BOYS AND GIRLS EXCEPT POINT 3 BELOW.
ONLY ATHLETES WHO ARE REGISTERED WITH VLAA (or interstate affiliates) ARE ELIGIBLE TO COMPETE.

PROTEST: NO PROTEST WILL BE ALLOWED. COMPETITION DIRECTOR'S DECISION IS FINAL.

IF INSUFFICIENT ENTRIES ARE RECEIVED THE CENTRE HAS THE RIGHT TO CANCEL AN EVENT.

1. Open Events will include a 1500m race available to any athlete above U11
2. There will also be an Open 1500m Walk, Triple Jump and Javelin available for Under 13, Under 14 and Under 15 only.
3. Hurdles events will be 80m for all athletes U8-13, U14 & 15 Boys/Girls will race according to VLAA regulations.
4. Athletes, both boys and girls, winning the 100 metres will be invited to enter the Bill Taylor Handicap event.
5. High Jump Starting Heights – U9: B90/G85cm; U11: B105/G100cm; U13: B120/G115cm; U15: B135/G130cm.

Record your events here for future reference.

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....

More Information on the web about Coburg Little Athletics Centre at:

www.coburg.coolrunning.com.au

Please circle chosen events and write in spaces on reverse side of form.

Age	80H 90H 100H	70m	100m	200m	400m	800m	1500m	Walk	Long Jump	Shot Put	Discus	Triple Jump	High Jump	Javelin
U6		x	x						x	x	x			
U7		x	x						x	x	x			
U8	x	x	x	x	x				x	x	x	x		
U9	x	x	x	x	x				x	x	x		x	
U10	x	x	x	x	x	x		x	x	x	x	x		
U11	x	x	x	x	x				x	x	x		x	
U12	x	x	x	x	x	x		x	x	x	x	x		x
U13	x		x	x	x				x	x	x		x	
U14	x		x	x	x				x	x	x			
U15	x		x	x	x				x	x	x		x	
Open							x	x				x		x