

# CAULFIELD

## NEWS

Hi everyone,

Well we are nearly at the halfway mark of the season, we have accomplished a lot already, yet there is still much more to come.

**This Saturday 8<sup>th</sup> December is our Pentathlon Day.** Pentathlon for all of you that are new to our centre, is an event we hold once a season. Our normal program is replaced with a five event program. Each of the children will compete in; 100m, Hurdles U8-U15, 50m U7, 400m U7, 800m U8-U15, Long Jump and Discus. Each individual event earns you points. All the points for each athlete are tallied to give total points. All children will receive a certificate, and the highest 3 scores in every age group will be awarded Gold, Silver and Bronze medals. Awards and certificates will be presented at our Christmas break up. Pentathlon is open to all registered Caulfield Athletes and there is no extra charge, just make sure you turn up on time, so as not to miss your first event. Don't forget to wear your IGA registration patch! On this day the U6 will also be holding a special event of their own, and will be included in the presentations at our Christmas break up.

**This year our Christmas break** up will be a little different, we will be holding a Santa Sprint 100m and Reindeer run 800m handicapped events. If you wish to enter please return the attached registration form this weekend the 8<sup>th</sup> of December..... If you are not coming this weekend you can email through your entry to secretary@caulfieldlittleaths.org.au no later than 4pm Tuesday 11<sup>th</sup> December. Festivities begin from 6pm, first race at 6:30pm. We also need to know how many children you are bringing for accurate catering purposes.

**Also coming up very soon is the State Relay's.** Caulfield had 28 of our U9 to U15 teams qualify to run at State this year which is a fantastic result. All relay team members need to keep on coming to training, and also make your selves familiar with the program for the day and make sure they arrive **1 hour** before their scheduled event. Thank you to everyone who assisted with the Region qualifying round held at our track in November. Our Centre made just short of \$4000 from the BBQ and Canteen. Good luck to everyone going to state, remember to "*be your best!.....*"

### A FEW REMINDERS FOR EVERYONE

- **Please check our website often;** it is a valuable source for the very latest updates and "goings on", around the centre. Under our results section you can also view your child's weekly results. We also try to send out an email weekly to our members with any program changes or reminders. If you have not been getting these emails or if you did not receive a posted copy of this news letter, we may not have been provided with correct contact details. Each club table has a contact list available for you to check and correct any details that may be wrong, or may have changed. Please find the time to check the list.

[www.caulfieldlittleaths.org.au](http://www.caulfieldlittleaths.org.au)

- **REGISTRATION PATCHES:**

The VLAA has a sponsorship agreement with IGA, as part of that sponsorship agreement all Athletes must wear their IGA registration patch. There are also unnecessary mistakes in the recording tent due to athletes not wearing patches. Caulfield like many other centres is adopting the No Patch, No Points system..... so remember your patch each week or your times will not be recorded in the recording tent.



## State Track and Field and State Multi Event.

These events are open to any U9 to U15 athletes that wish to enter.

The region qualifying round for Track and Field is on Saturday and Sunday 16<sup>th</sup>&17<sup>th</sup> of February at Ballam Park Frankston, and State is in Bendigo on Saturday and Sunday 15<sup>th</sup> and 16<sup>th</sup> March..... Athletes can enter up to 4 events and there is an entry fee per event. Application forms must be filled in and returned by our last meeting which is our Christmas break up so see your club table to get one or download it off our website. Don't miss out.

State Multi event is on the weekend on 1<sup>st</sup> & 2<sup>nd</sup> March in Albury... all details, closing dates and entry forms will be available on our website, our notice board & your Club tables.

## New Year 2008

Our first meet back next year will be on the weekend of the 12th-13th January.

On this weekend there will be no competition offered at Duncan Mackinnon Reserve. We encourage all of our members to participate in the Rye Gift (Saturday) and or the Southern Peninsular Open Day (Sunday). Open Days are great fun and give you an opportunity to compete against lots of other athletes from all over Victoria at a different centre. Medals are awarded to the first 3 place getters in every final.

Entry Forms and further details will be available via our website at [www.caulfieldlittleleaths.org.au](http://www.caulfieldlittleleaths.org.au)

## Trivia Night

We will be holding a social Trivia night in February next year. Pencil in Saturday 9<sup>th</sup> Feb..... more details and confirmation of dates to come.

## Coaching

We have now secured the coaching services of Efim Shuravetsky & his group of talented coaches. Efim has been the Australian Olympic Team coach several times and he is working with us to develop a coaching program for our athletes. So come down on a Tuesday or Thursday and join in.

## *Duty*

It is each family's responsibility to ensure they meet their allocated duty requirements. If you don't show for duty someone has to volunteer to take over your duty. It is not fair on the same families doing duty every week to cover for those families that choose not to do their duty.

A duty audit will be conducted before the end of season and unfortunately children whose parents have avoided their duty requirements will be ineligible for club/centre PB awards.

The allocated duties may be swapped around after Christmas as parents have become more experienced and also to give the people who registered later in the season an opportunity to participate in Age Group duties that were already full.

Your duty group A, B, or C will remain the same. If you would like to request a specific change from your duty, Please see Dee at the duty table and have her write your request into the back of the duty register.

**It is also important when you are rostered on duty to actually stay with your duty group until the end of the session.....**

## **Bunnings BBQ Fundraiser**

*Our centre will be holding a BBQ at Bunnings on Centre rd Oakleigh on Sunday 27<sup>th</sup> January.*

*Australia Day weekend is a huge hardware weekend and we have a fantastic opportunity to earn a lot of money for our centre and athletes to assist with updating equipment and payment of coaches. Clubs will be allocated time according to how many registrations they have and we ask all families to get involved and help out.....*

## **Photos**

We have a fantastic selection of SMR Relay photo's taken by our resident photographer Mark Munro available for sale on our website on the photo's page. Take the time to have a look as Mark has managed to capture some Fantastic action shots of our athletes on the day. These photos will be available for sale shortly. Keep checking the website for details.....