



# Caulfield LAC Cup

**Sunday 2nd November 2008** *Rain, Hail or Sun*

**1st Event 9.30am start - Marshall at 9.15am**

**Venue: Duncan Mackinnon Reserve cnr North & Murrumbeena Rds Murrumbeena**

**Entries: CLAC ATHLETES** \$5 per event or **5 for \$20** (max 5 events) U6/U7 set program 4 events \$15 or \$5 per event  
*cheques payable to Caulfield LAC*

**Hand into: Caulfield LAC - Entries close Saturday 25th October.**

**OR**  
**Mail to: Caulfield LAC Open Day - P.O BOX 182 Carnegie Vic 3163 Mail Entries close strictly Mon 27th Oct.**

**Uniform:** Centre or Club uniform complete with current age group tag must be worn.

**Awards:** Medals will be awarded to the best 3 placed competitors in each event/final & ribbons from 4<sup>th</sup> to 8<sup>th</sup>  
**Caulfield LAC Cup** is awarded to a centre other than Caulfield with the highest aggregated results.

**Rules: Duty is compulsory for all parents of Caulfield athletes. Duty will be at events or within the Canteen/BBQ area or bathroom cleaning.**

Athletes may progress one age group if the preferred event is not offered in their age group.

Spikes may be worn from the under 12 to Youth aths age groups in laned & jump events only.

Starting blocks will be provided for athletes in the U12 to Youth aths age groups

We reserve the right combine age groups and medals will be awarded for correct age groups.

No protest will be entered into, venue referees decision will be final.

**Full Canteen and BBQ will be available on the day.**

Further information can be found closer to the date at [www.caulfieldlittleaths.org.au](http://www.caulfieldlittleaths.org.au)

|     |     |      |      |      |          |      |       |        |    |    |    |     |    |     |
|-----|-----|------|------|------|----------|------|-------|--------|----|----|----|-----|----|-----|
| U6  | 70m |      | 200m |      |          | 300m |       |        | LJ |    |    |     | SP |     |
| U7  | 70m |      | 200m |      |          | 300m |       |        | LJ |    |    |     | SP |     |
| U8  | 70m |      | 200m | 400m | 80h      |      |       |        | LJ |    |    | DIS | SP |     |
| U9  |     | 100m | 200m | 400m | 80h      | 800m | 1100w |        | LJ |    | HJ | DIS |    |     |
| U10 |     | 100m | 200m |      | 80h      | 800m | 1100w |        |    | TJ |    |     | SP |     |
| U11 |     | 100m | 200m | 400m | 80h      |      | 1500w |        | LJ |    | HJ | DIS |    |     |
| U12 |     | 100m | 200m |      | 80h      | 800m | 1500w | 2000st |    | TJ |    |     | SP | JAV |
| U13 |     | 100m | 200m | 400m | 80h      |      | 1500w | 2000st | LJ |    | HJ | DIS |    | JAV |
| U14 |     | 100m | 200m |      | 80h/90h  | 800m | 1500w | 2000st | LJ | TJ |    |     | SP | JAV |
| U15 |     | 100m | 200m | 400m | 90h/100h | 800m | 1500w | 2000st | LJ | TJ | HJ | DIS | SP | JAV |
| INT |     | 100m | 200m | 400m | 90h/100h | 800m | 1500w | 2000st | LJ | TJ | HJ | DIS | SP | JAV |

**Contact Jeff Lang: 9563 6404 or Meghan Baker: [openday@caulfieldlittleaths.org.au](mailto:openday@caulfieldlittleaths.org.au)**

Please circle your events entered above and keep for your own reference  
And return the separate entry form for Caulfield Registered Athletes with

Event selection and duty preference at Little aths **no later than**

Saturday 25<sup>th</sup> October or by mail to PO Box 182 Carnegie.

Mailed entries close **strictly** on Monday 27<sup>th</sup> October



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## Entry Form for Caulfield Registered athletes

| Athletes Name | Age grp | Boy/Girl | Event 1 | Event 2 | Event 3 | Event 4 | Event 5 |
|---------------|---------|----------|---------|---------|---------|---------|---------|
|               |         |          |         |         |         |         |         |
|               |         |          |         |         |         |         |         |
|               |         |          |         |         |         |         |         |

**Total payment of \$..... Parent/Guardian Name.....**

**Centre..... Email..... Phone.....**

**Address..... Signature.....**

### PLEASE NOTE:

**Duty is compulsory to all parents of children registered with the Caulfield Centre.**

Duty length will be dependant on number of entries. We will assist to accommodate your duty requests where ever possible. Please assist us by completing the duty information below.

#### A. Please select one

I would prefer to do my duty AM  or PM   
 I am happy to assist with a full day duty (free lunch will be provided)

#### B. Please select one

I would like to assist in the Canteen

I would like to assist at the BBQ

I would like to assist with Bathroom cleaning

I would like to assist at an event  Please let us know if you have a specialty event.

\_\_\_\_\_ (specialty event)

**Duty Parents Name** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_