

Northern Metro Region Relay Championships
Harold Stevens Athletics Track, Coburg 16-11-2008
Results

Girls Under 7 4x100 Metre Relay

1	Essendon	A	1:19.92
2	Diamond Valley	A	1:21.04
3	Keilor	A	1:23.95
4	Keilor	B	1:26.49
5	Sunbury	A	1:29.93
6	Whittlesea City	A	1:30.18
7	Essendon	B	1:31.22
---	Craigieburn	A	DNS

Girls Under 8 4x100 Metre Relay

Heat 1

1	Diamond Valley	A	1:10.51	Q
2	Whittlesea City	A	1:14.65	q
3	Essendon	A	1:17.27	q
4	Keilor	B	1:21.08	q
5	Coburg	A	1:30.29	

Heat 2

1	Keilor	A	1:12.06	Q
2	Diamond Valley	B	1:18.64	q
3	Sunbury	A	1:22.23	q
4	Craigieburn	A	1:29.09	q

Final

1	Diamond Valley	A	1:11.32
2	Keilor	A	1:11.52
3	Whittlesea City	A	1:14.98
4	Essendon	A	1:15.38
5	Sunbury	A	1:20.72
6	Keilor	B	1:21.70
7	Craigieburn	A	1:30.14
---	Diamond Valley	B	DNS

Girls Under 9 4x100 Metre Relay

Heat 1

1	Keilor	A	1:06.64	Q
2	Diamond Valley	B	1:09.89	q
3	Essendon	B	1:11.71	q
4	Coburg	A	1:11.93	q
5	Craigieburn	A	1:17.41	

Heat 2

1	Diamond Valley	A	1:04.85	Q
2	Essendon	A	1:06.74	q
3	Whittlesea City	A	1:07.14	q
4	Keilor	B	1:12.41	q
5	Sunbury	A	1:16.04	
6	Hume	A	1:16.55	

Final

1	Diamond Valley	A	1:04.86
2	Essendon	A	1:06.59
3	Keilor	A	1:07.04
4	Whittlesea City	A	1:10.36
5	Essendon	B	1:12.03
6	Diamond Valley	B	1:12.25
7	Keilor	B	1:12.44
8	Coburg	A	1:14.34

Girls Under 10 4x100 Metre Relay

1	Keilor	A	1:02.53
2	Diamond Valley	A	1:04.01
3	Essendon	A	1:07.07
4	Whittlesea City	A	1:09.59
5	Coburg	A	1:10.01
6	Essendon	B	1:12.36
7	Craigieburn	A	1:16.68
---	Keilor	B	DQ
---	Fawkner	A	DNS
---	Craigieburn	B	DNS

Girls Under 11 4x100 Metre Relay

1	Diamond Valley	A	1:01.95
2	Whittlesea City	A	1:03.49
3	Keilor	A	1:03.75
4	Coburg	A	1:04.20
5	Essendon	A	1:05.21
6	Whittlesea City	B	1:09.49
7	Craigieburn	A	1:13.57
8	Essendon	B	1:13.93
---	Diamond Valley	B	DNS

Girls Under 12 4x100 Metre Relay

Heat 1

1	Diamond Valley	B	1:00.15	Q
2	Essendon	A	1:01.35	q
3	Sunbury	A	1:02.40	q
4	Keilor	B	1:02.82	q
5	Craigieburn	A	1:07.48	

Heat 2

1	Keilor	A	57.01	Q
2	Diamond Valley	A	57.37	q
3	Coburg	A	59.62	q
4	Whittlesea City	A	1:01.78	q

Final

1	Keilor	A	56.57
2	Diamond Valley	A	58.76
3	Coburg	A	1:00.03
4	Diamond Valley	B	1:00.52
5	Essendon	A	1:01.29
6	Sunbury	A	1:02.36
7	Keilor	B	1:02.56
8	Whittlesea City	A	1:02.84

Girls Under 13 4x100 Metre Relay

1	Keilor	A	52.64
2	Diamond Valley	A	54.57
3	Keilor	B	56.53
4	Diamond Valley	B	56.78
5	Essendon	A	57.12
6	Diamond Valley	C	59.13
7	Whittlesea City	A	1:02.17
8	Craigieburn	A	1:06.70

Girls Under 14 4x100 Metre Relay

1	Diamond Valley	A	51.93
2	Keilor	A	53.14
3	Essendon	A	58.55
4	Fawkner	A	1:05.17
---	Diamond Valley	B	DNS
---	Craigieburn	A	DNS
---	Coburg	A	DNS

Girls Under 15 4x100 Metre Relay

1	Keilor	A	50.51
2	Diamond Valley	A	50.74
3	Whittlesea City	A	54.50
---	Craigieburn	A	DNS

Girls Under 9 4x200 Metre Relay

1	Essendon	A	2:27.54
2	Diamond Valley	A	2:31.05
3	Whittlesea City	A	2:44.12
4	Diamond Valley	B	2:52.24
---	Keilor	A	DNS
---	Keilor	B	DNS
---	Sunbury	A	DNS
---	Craigieburn	A	DNS

Girls Under 10 4x200 Metre Relay

1	Diamond Valley	A	2:16.48
2	Keilor	A	2:16.71
3	Essendon	A	2:23.48
4	Whittlesea City	A	2:32.60
5	Keilor	B	2:46.20
6	Craigieburn	A	2:57.58

Girls Under 11 4x200 Metre Relay

1	Whittlesea City	A	2:08.27
2	Diamond Valley	A	2:12.68
3	Keilor	A	2:13.66
4	Essendon	A	2:27.40
5	Whittlesea City	B	2:29.23
6	Craigieburn	A	2:59.75
---	Diamond Valley	B	DNS

Girls Under 12 4x200 Metre Relay

1	Keilor	A	2:00.58
2	Diamond Valley	A	2:09.58
3	Keilor	B	2:14.13
4	Essendon	A	2:20.86
5	Diamond Valley	B	2:21.24
6	Whittlesea City	A	2:25.39
7	Craigieburn	A	2:26.64

Girls Under 13 4x200 Metre Relay

1	Keilor	A	1:55.53
2	Diamond Valley	A	1:58.18
3	Essendon	A	2:05.17
4	Keilor	B	2:07.98
5	Whittlesea City	A	2:12.04
---	Craigieburn	A	DNS

Girls Under 14 4x200 Metre Relay

1	Keilor	A	1:51.61
2	Diamond Valley	A	1:52.32

--- Craigieburn A DNS

Girls Under 15 4x200 Metre Relay

1	Keilor	A	1:47.73
2	Whittlesea City	A	1:56.16
---	Craigieburn	A	DNS

Girls Under 9 Medley**NMR Record: 2:22.90 Diamond Valley**

1	Diamond Valley	A	2:22.90
2	Keilor	A	2:29.98
3	Essendon	A	2:31.80
4	Whittlesea City	A	2:52.28

Girls Under 10 Medley

1	Keilor	A	2:25.16
2	Essendon	A	2:33.74
3	Keilor	B	2:45.08
4	Diamond Valley	A	2:45.34

Girls 7-10 Medley

1	Hume	A	2:42.89
2	Coburg	A	2:46.81
3	Whittlesea City	A	2:55.22
4	Whittlesea City	B	3:00.57
5	Craigieburn	A	3:00.90

Girls Under 11 Medley

1	Keilor	A	2:17.72
2	Whittlesea City	A	2:19.07
3	Essendon	A	2:33.08
4	Whittlesea City	B	2:41.50

Girls Under 12 Medley

1	Keilor	A	2:03.41
2	Essendon	A	2:15.09
3	Sunbury	A	2:37.77

Girls 9-12 Medley

1	Coburg	A	2:10.17
2	Sunbury	A	2:33.45
3	Craigieburn	A	2:37.32
4	Fawkner	A	2:46.54
5	Hume	A	2:49.99
6	Sunbury	B	3:04.67

Girls Under 13 Medley

1	Keilor	A	1:58.68
2	Essendon	A	2:05.33
3	Diamond Valley	A	2:16.23

Girls Under 14 Medley

1	Diamond Valley	A	1:53.75
2	Keilor	A	1:54.45
3	Whittlesea City	A	2:09.39

Girls Under 15 Medley

1	Keilor	A	1:51.39
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Girls 13-15 Medley

1	Coburg	A	2:09.34
2	Craigieburn	A	2:14.38

Boys Under 7 4x100 Metre Relay

1	Coburg	A	1:17.70
2	Keilor	B	1:18.07
3	Essendon	A	1:18.26
4	Diamond Valley	A	1:18.57
5	Keilor	A	1:20.22
6	Sunbury	A	1:21.79
7	Whittlesea City	A	1:23.01
8	Essendon	B	1:24.73
---	Craigieburn	A	DNS
---	Essendon	C	DNS
---	Craigieburn	B	DNS

Boys Under 8 4x100 Metre Relay**Heat 1**

1	Whittlesea City	A	1:10.31	Q
2	Essendon	A	1:10.95	q
3	Keilor	B	1:14.25	q
4	Craigieburn	A	1:22.08	
---	Sunbury	A	DQ	
---	Craigieburn	C	DNS	

Heat 2

1	Keilor	A	1:09.29	Q
2	Diamond Valley	A	1:09.62	q
3	Coburg	A	1:19.57	q
4	Hume	A	1:20.22	q
5	Craigieburn	B	1:21.59	q

Final

1	Diamond Valley	A	1:08.33
2	Keilor	A	1:08.56
3	Essendon	A	1:09.95
4	Whittlesea City	A	1:10.42
5	Keilor	B	1:13.85
6	Coburg	A	1:16.38
7	Craigieburn	B	1:17.88
8	Hume	A	1:19.24

Boys Under 9 4x100 Metre Relay**Heat 1**

1	Sunbury	A	1:06.51	Q
2	Keilor	A	1:07.00	q
3	Whittlesea City	A	1:07.89	q
4	Craigieburn	A	1:13.89	q
---	Coburg	A	DQ	

Heat 2

1	Diamond Valley	A	1:07.57	Q
2	Keilor	B	1:09.60	q
3	Hume	A	1:10.29	q
4	Essendon	A	1:11.67	q
5	Coburg	B	1:14.54	

Final

1	Diamond Valley	A	1:05.50
2	Sunbury	A	1:05.74
3	Keilor	A	1:05.91
4	Whittlesea City	A	1:06.09
5	Keilor	B	1:09.49
6	Hume	A	1:09.74
7	Craigieburn	A	1:12.96
---	Essendon	A	DQ

Boys Under 10 4x100 Metre Relay**Heat 1**

1	Essendon	A	1:02.00	Q
2	Whittlesea City	A	1:02.45	q
3	Essendon	B	1:04.88	q
4	Diamond Valley	B	1:08.53	q
5	Sunbury	A	1:08.76	q
6	Craigieburn	A	1:16.08	

Heat 2

1	Diamond Valley	A	1:01.23	Q
2	Keilor	A	1:03.01	q
3	Coburg	A	1:06.39	q
4	Fawkner	A	1:09.12	
5	Essendon	C	1:09.56	
6	Hume	A	1:09.98	
7	Whittlesea City	B	1:11.98	

Final

1	Essendon	A	1:00.38
2	Diamond Valley	A	1:00.58
3	Keilor	A	1:00.74
4	Whittlesea City	A	1:01.31
5	Essendon	B	1:04.07
6	Coburg	A	1:06.87
7	Diamond Valley	B	1:07.79
8	Sunbury	A	1:09.08

Boys Under 11 4x100 Metre Relay**Heat 1**

1	Coburg	A	1:01.15	Q
2	Diamond Valley	A	1:01.79	q
3	Whittlesea City	B	1:04.57	q
4	Craigieburn	A	1:05.72	q
5	Sunbury	A	1:06.20	q

Heat 2

1	Keilor	A	58.06	Q
2	Whittlesea City	A	59.21	q
3	Diamond Valley	B	1:05.00	q
4	Coburg	B	1:06.79	
---	Essendon	A	DNS	

Final

1	Keilor	A	58.56
2	Whittlesea City	A	59.29
3	Diamond Valley	A	1:00.08
4	Coburg	A	1:00.83
5	Diamond Valley	B	1:05.33
6	Whittlesea City	B	1:05.60
7	Craigieburn	A	1:06.52
8	Sunbury	A	1:07.08

Boys Under 12 4x100 Metre Relay**Heat 1**

1	Diamond Valley	A	58.12	Q
2	Coburg	A	58.47	q
3	Sunbury	A	1:01.59	q
4	Whittlesea City	A	1:02.66	q
5	Craigieburn	A	1:04.42	q

Heat 2

1 Hume	A	1:02.52	Q
2 Preston/Reservoir	A	1:14.78	q
--- Essendon	A	DQ	
--- Keilor	A	DQ	
--- Coburg	B	DNS	

5 Whittlesea City	B	2:28.47
6 Craigieburn	A	2:31.87
--- Sunbury	A	DNS

Boys Under 12 4x100 Metre Final

1 Diamond Valley	A	58.18
2 Coburg	A	58.37
3 Sunbury	A	1:02.06
4 Hume	A	1:02.78
5 Whittlesea City	A	1:02.98
6 Craigieburn	A	1:04.30
7 Preston/Reservoir	A	1:11.86

Boys Under 12 4x200 Metre Relay

1 Keilor	A	1:57.48
2 Diamond Valley	A	2:02.18
3 Kilmore & Districts	A	2:10.99
4 Craigieburn	A	2:16.49
5 Whittlesea City	A	2:18.07
--- Preston/Reservoir	A	DNS

Boys Under 13 4x100 Metre Relay

1 Keilor	A	52.73
2 Coburg	A	52.90
3 Diamond Valley	A	53.58
4 Essendon	A	53.75
5 Keilor	B	57.98
6 Whittlesea City	A	1:00.55
--- Craigieburn	A	DNS

Boys Under 13 4x200 Metre Relay

1 Keilor	A	1:52.53
2 Coburg	A	1:53.15
3 Diamond Valley	A	1:56.18
4 Kilmore & Districts	A	2:01.24
5 Keilor	B	2:06.09
6 Whittlesea City	A	2:13.28
--- Craigieburn	A	DNS

Boys Under 14 4x100 Metre Relay

1 Essendon	A	49.51
2 Keilor	A	49.72
3 Diamond Valley	A	51.82
4 Sunbury	A	52.84
5 Diamond Valley	B	56.48
6 Whittlesea City	A	57.41
--- Craigieburn	A	DNS

Boys Under 14 4x200 Metre Relay

1 Keilor	A	1:44.13
2 Sunbury	A	1:51.11
3 Diamond Valley	A	1:52.23
4 Whittlesea City	A	1:58.15
5 Diamond Valley	B	2:04.32

Boys Under 15 4x100 Metre Relay

1 Keilor	A	49.23
2 Hume	A	51.86
3 Whittlesea City	A	52.08

Boys Under 15 4x200 Metre Relay

1 Diamond Valley	A	1:39.79
2 Keilor	A	1:42.33
3 Whittlesea City	A	1:48.46
4 Hume	A	1:49.35

Boys Under 9 4x200 Metre Relay

1 Keilor	A	2:24.92
2 Sunbury	A	2:25.41
3 Kilmore & Districts	A	2:30.21
4 Whittlesea City	A	2:31.82
5 Coburg	A	2:39.01
6 Keilor	B	2:45.01
--- Craigieburn	A	DNS

Boys Under 9 Medley

1 Sunbury	A	2:29.58
2 Keilor	B	2:53.89
--- Keilor	A	DQ

Boys Under 10 4x200 Metre Relay

1 Diamond Valley	A	2:10.02
2 Coburg	A	2:10.99
3 Keilor	A	2:11.67
4 Essendon	A	2:17.68
5 Coburg	B	2:28.58
6 Diamond Valley	B	2:30.90
--- Whittlesea City	A	DQ
--- Craigieburn	A	DNS

Boys Under 10 Medley

1 Keilor	A	2:15.65
2 Diamond Valley	A	2:18.21
3 Kilmore & Districts	A	2:24.99
4 Essendon	B	2:27.10
5 Essendon	A	2:31.41
6 Fawkner	A	2:32.70
7 Whittlesea City	A	2:35.21

Boys Under 11 4x200 Metre Relay

1 Keilor	A	2:05.31
2 Whittlesea City	A	2:10.65
3 Diamond Valley	A	2:11.04
4 Coburg	A	2:27.75

Boys 7-10 Medley

1 Coburg	A	2:27.40
2 Sunbury	A	2:34.76
3 Sunbury	B	2:35.81
4 Hume	A	2:37.09
5 Whittlesea City	B	2:46.52
6 Whittlesea City	A	2:47.08
7 Whittlesea City	C	2:52.61
8 Craigieburn	A	2:53.23

Boys Under 11 Medley

1 Keilor	A	2:13.08
2 Diamond Valley	A	2:24.73
3 Whittlesea City	A	2:28.89
--- Essendon	A	DNS

Boys Under 12 Medley

1 Keilor	A	2:01.66
2 Diamond Valley	A	2:04.26
3 Essendon	A	2:08.70
4 Sunbury	A	2:30.60

Boys 9-12 Medley**Heat 1**

1 Coburg	A	2:11.58	Q
2 Keilor	A	2:12.65	q
3 Hume	A	2:20.48	q
4 Essendon	B	2:22.38	q
5 Sunbury	B	2:28.88	q

Heat 2

1 Craigieburn	A	2:22.83	Q
2 Essendon	A	2:23.85	q
3 Sunbury	A	2:37.62	q
--- Fawkner	A	DQ	

Final

1 Coburg	A	2:12.86
2 Keilor	A	2:14.73
3 Essendon	A	2:21.60
4 Essendon	B	2:21.78
5 Hume	A	2:22.91
6 Craigieburn	A	2:25.99
7 Sunbury	A	2:44.71
--- Sunbury	B	DNS

Boys Under 13 Medley

1 Diamond Valley	A	1:56.78
2 Keilor	A	1:57.18

Boys Under 14 Medley

1 Keilor	A	1:46.64
2 Sunbury	A	1:54.57
3 Diamond Valley	A	2:08.10
--- Whittlesea City	A	DQ

Boys Under 15 Medley

1 Keilor	A	1:46.36
2 Hume	A	1:50.68

Boys 13-15 Medley

1 Essendon	A	1:55.67
2 Craigieburn	A	2:05.12
--- Coburg	A	DNS

Mixed Under 7 4x100 Metre Relay**Heat 1**

1 Sunbury	B	1:26.71	Q
2 Essendon	C	1:27.37	
3 Keilor	B	1:28.28	
--- Diamond Valley	B	DQ	
--- Keilor	D	DQ	
--- Craigieburn	A	DNS	
--- Essendon	D	DNS	

Heat 2

1 Essendon	A	1:16.82	Q
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2 Keilor	A	1:17.09	q
3 Diamond Valley	A	1:17.34	q
4 Keilor	C	1:19.77	q
5 Essendon	B	1:22.87	q
6 Whittlesea City	A	1:23.11	q
7 Sunbury	A	1:27.23	q

Mixed Under 7 4x100 Metre Relay cont.**Final**

1 Essendon	A	1:19.13
2 Keilor	C	1:19.41
3 Whittlesea City	A	1:21.27
4 Keilor	A	1:23.54
5 Essendon	B	1:24.66
6 Sunbury	A	1:25.96
7 Sunbury	B	1:27.96
--- Diamond Valley	A	DQ

Mixed Under 8 4x100 Metre Relay**Heat 1**

1 Diamond Valley	A	1:08.84	Q
2 Keilor	B	1:10.37	q
3 Keilor	C	1:17.19	q
4 Sunbury	B	1:19.20	
5 Craigieburn	C	1:23.38	

Heat 2

1 Keilor	A	1:08.88	Q
2 Whittlesea City	A	1:09.53	q
3 Essendon	B	1:13.41	q
4 Coburg	B	1:23.35	
5 Craigieburn	B	1:32.16	
--- Sunbury	A	DQ	

Heat 3

1 Coburg	A	1:11.28	Q
2 Diamond Valley	B	1:12.93	q
3 Keilor	D	1:17.66	
4 Whittlesea City	B	1:25.34	
5 Craigieburn	A	1:29.88	
--- Essendon	A	DNS	

Final

1 Keilor	A	1:07.06
2 Diamond Valley	A	1:07.67
3 Whittlesea City	A	1:08.45
4 Coburg	A	1:09.02
5 Keilor	B	1:09.30
6 Diamond Valley	B	1:12.08
7 Essendon	B	1:12.86
8 Keilor	C	1:18.02

Mixed Under 9 4x100 Metre Relay**Heat 1**

1 Keilor	A	1:05.31	Q
2 Whittlesea City	A	1:05.60	q
3 Hume	A	1:06.24	q
4 Kilmore & Districts	A	1:10.53	q
5 Essendon	A	1:11.68	q
6 Diamond Valley	B	1:15.17	
7 Keilor	D	1:17.17	

Heat 2				
1	Diamond Valley	A	1:04.55	Q
2	Coburg	A	1:05.24	q
3	Keilor	B	1:11.27	q
4	Keilor	C	1:12.91	
5	Craigieburn	A	1:13.83	
6	Essendon	B	1:14.48	
7	Sunbury	A	1:14.80	

4	Whittlesea City	B	1:04.39	q
5	Hume	A	1:06.68	
6	Essendon	A	1:09.36	
Heat 3				
1	Diamond Valley	A	1:01.34	Q
2	Coburg	B	1:01.64	q
3	Whittlesea City	C	1:07.18	
4	Essendon	B	1:10.04	
5	Preston/Reservoir	A	1:12.02	
---	Keilor	B	DNS	

Mixed Under 9 4x100 Metre Relay cont.

Final				
1	Diamond Valley	A	1:02.93	
2	Keilor	A	1:04.27	
3	Coburg	A	1:04.47	
4	Hume	A	1:06.66	
5	Whittlesea City	A	1:06.78	
6	Essendon	A	1:06.91	
7	Kilmore & Districts	A	1:09.01	
8	Keilor	B	1:09.74	

Mixed Under 11 4x100 Metre Relay cont.

Final				
1	Whittlesea City	A	57.09	
2	Keilor	A	58.49	
3	Diamond Valley	A	1:00.29	
4	Coburg	B	1:00.51	
5	Diamond Valley	B	1:04.09	
6	Whittlesea City	B	1:04.29	
7	Coburg	A	1:05.50	
8	Diamond Valley	C	1:06.78	

Mixed Under 10 4x100 Metre Relay

Heat 1				
1	Coburg	B	1:04.59	Q
2	Essendon	A	1:07.25	q
3	Diamond Valley	B	1:09.65	q
4	Craigieburn	A	1:10.92	
5	Sunbury	A	1:14.88	
6	Fawkner	A	1:19.62	
---	Hume	A	DQ	

Mixed Under 12 4x100 Metre Relay

Heat 1				
1	Essendon	A	58.94	Q
2	Coburg	A	59.15	q
3	Diamond Valley	B	59.63	q
4	Keilor	A	59.82	q
5	Whittlesea City	A	1:01.23	q
6	Sunbury	A	1:01.73	
7	Kilmore & Districts	A	1:04.16	

Heat 2				
1	Coburg	A	1:01.62	Q
2	Diamond Valley	A	1:02.24	q
3	Whittlesea City	A	1:05.12	q
4	Kilmore & Districts	A	1:06.88	q
5	Craigieburn	B	1:07.24	q
6	Essendon	B	1:22.30	

Heat 2				
1	Diamond Valley	A	58.10	Q
2	Essendon	B	1:00.90	q
3	Keilor	B	1:01.15	q
4	Hume	A	1:04.17	
5	Craigieburn	A	1:04.39	
6	Preston/Reservoir	A	1:10.63	
---	Coburg	B	DQ	

Final				
1	Coburg	A	1:00.22	
2	Diamond Valley	A	1:00.51	
3	Coburg	B	1:03.89	
4	Whittlesea City	A	1:04.11	
5	Essendon	A	1:06.21	
6	Kilmore & Districts	A	1:06.40	
7	Craigieburn	B	1:09.58	
8	Diamond Valley	B	1:09.76	

Final				
1	Diamond Valley	A	56.87	
2	Diamond Valley	B	57.41	
3	Coburg	A	58.41	
4	Keilor	A	58.68	
5	Essendon	A	59.20	
6	Keilor	B	59.53	
7	Essendon	B	1:00.03	
8	Whittlesea City	A	1:02.09	

Mixed Under 11 4x100 Metre Relay

NMR Record: 57.09 Whittlesea City A

Heat 1				
1	Whittlesea City	A	57.59	Q
2	Diamond Valley	C	1:06.23	q
3	Craigieburn	A	1:07.09	
4	Sunbury	A	1:11.49	
---	Diamond Valley	D	DNS	

Mixed Under 13 4x100 Metre Relay

Heat 1				
1	Coburg	A	54.66	Q
2	Diamond Valley	B	55.88	q
3	Keilor	A	57.24	q
4	Essendon	B	57.75	q
---	Keilor	B	DNS	

Heat 2				
1	Keilor	A	1:00.06	Q
2	Diamond Valley	B	1:03.32	q
3	Coburg	A	1:04.09	q

Heat 2				
1	Diamond Valley	A	53.38	Q
2	Kilmore & Districts	A	58.06	q

3	Essendon	A	58.44	q
4	Whittlesea City	A	1:06.15	q
5	Craigieburn	A	1:11.24	
---	Keilor	C	DNS	

Final

1	Diamond Valley	A	51.94	
2	Coburg	A	54.32	
3	Keilor	A	56.49	
4	Diamond Valley	B	56.65	
5	Essendon	B	56.82	
6	Kilmore & Districts	A	57.65	
7	Essendon	A	58.08	
8	Whittlesea City	A	1:02.58	

Mixed Under 14 4x100 Metre Relay

NMR Record: 50.09 Whittlesea City A

1	Whittlesea City	A	50.09	
2	Diamond Valley	A	50.31	
3	Diamond Valley	B	53.09	
4	Essendon	A	53.98	
5	Essendon	B	54.28	
6	Coburg	A	54.56	
7	Hume	A	56.98	
8	Craigieburn	A	1:06.39	

Mixed Under 15 4x100 Metre Relay

NMR Record: 47.98 Diamond Valley A

1	Diamond Valley	A	47.98	
2	Diamond Valley	B	51.43	
3	Coburg	A	52.49	
4	Diamond Valley	C	55.12	
5	Whittlesea City	A	55.36	
6	Craigieburn	A	56.55	
---	Essendon	A	DNS	

Mixed Under 9 4x200 Metre Relay

NMR Record: 2:22.43 Whittlesea City A

1	Whittlesea City	A	2:22.43	
2	Diamond Valley	A	2:25.96	
3	Kilmore & Districts	A	2:30.32	
4	Essendon	B	2:35.91	
5	Coburg	B	2:44.77	
6	Coburg	A	2:45.96	
7	Essendon	A	2:47.57	
8	Craigieburn	A	2:48.63	
---	Keilor	A	DNS	

Mixed Under 10 4x200 Metre Relay

NMR Record: 2:10.51 Coburg A

1	Coburg	A	2:10.51	
2	Kilmore & Districts	A	2:19.47	
3	Coburg	B	2:31.43	
4	Essendon	B	2:32.27	
5	Essendon	A	2:32.57	
6	Whittlesea City	A	2:41.01	
7	Sunbury	A	2:52.75	

Mixed Under 11 4x200 Metre Relay

Heat 1

1	Essendon	A	2:20.39	Q
2	Whittlesea City	B	2:30.14	q
3	Sunbury	A	2:30.61	q

---	Coburg	A	DQ	
---	Craigieburn	A	DQ	

Heat 2

1	Keilor	A	2:11.74	Q
2	Whittlesea City	A	2:15.64	q
3	Whittlesea City	C	2:30.70	q
4	Preston/Reservoir	A	2:40.02	q
---	Essendon	B	DNS	

Final

1	Keilor	A	2:14.28	
2	Whittlesea City	A	2:17.51	
3	Essendon	A	2:17.52	
4	Whittlesea City	B	2:18.96	
5	Sunbury	A	2:29.36	
6	Whittlesea City	C	2:32.36	
---	Preston/Reservoir	A	DNS	

Mixed Under 12 4x200 Metre Relay

Heat 1

1	Diamond Valley	A	2:07.56	Q
2	Coburg	A	2:11.20	q
3	Kilmore & Districts	A	2:19.13	q
4	Whittlesea City	A	2:24.32	q
5	Craigieburn	A	2:35.40	

Heat 2

1	Keilor	A	2:05.97	Q
2	Essendon	A	2:11.67	q
3	Keilor	B	2:16.09	q
4	Coburg	B	2:18.25	q
5	Preston/Reservoir	A	2:39.22	

Final

1	Keilor	A	2:02.00	
2	Diamond Valley	A	2:03.35	
3	Keilor	B	2:10.25	
4	Essendon	A	2:11.34	
5	Coburg	A	2:12.85	
6	Kilmore & Districts	A	2:19.98	
7	Coburg	B	2:23.07	
8	Whittlesea City	A	2:26.22	

Mixed Under 13 4x200 Metre Relay

1	Kilmore & Districts	A	2:01.83	
2	Diamond Valley	A	2:02.20	
3	Essendon	A	2:04.20	
4	Coburg	A	2:04.45	
5	Whittlesea City	A	2:07.95	
6	Craigieburn	A	2:11.85	
---	Keilor	A	DQ	

Mixed Under 14 4x200 Metre Relay

NMR Record: 1:45.74 Whittlesea City A

1	Whittlesea City	A	1:45.74	
2	Essendon	A	1:55.74	
3	Coburg	A	1:56.48	
4	Hume	A	1:59.21	

Mixed Under 15 4x200 Metre Relay

NMR Record: 1:41.91 Diamond Valley A

1	Diamond Valley	A	1:41.91	
2	Whittlesea City	A	1:48.01	
3	Diamond Valley	B	1:48.24	
4	Coburg	A	1:50.18	
5	Diamond Valley	C	1:57.84	
6	Craigieburn	A	2:00.54	

--- Essendon

A

DNS

Northern Metro Region Relay Trophy

1) KEILOR	575
2) Diamond Valley	536
3) Whittlesea City	363
4) Essendon	337
5) Coburg	258
6) Sunbury	135
7) Craigieburn	98
8) Hume	75
9) Kilmore & Districts	67
10) Fawkner	16
11) Preston/Reservoir	3