

Season 2011-2012 Twilight Program 2

	5.00PM	5.15PM	5.30PM	6.00pm	6.15pm	6.30pm	6.45pm	7.00pm	7.15pm	
U6 B&G			5.30PM-7PM UNDER 6 ON TRACK							
U7 BOYS	WarmUp	100M		LJ 2		300M	DIS 1			
U7 GIRLS	WarmUp	100M		LJ 1		300M	DIS 2			
U8 BOYS	WarmUp	100M		LJ 2		300M	SP 2			
U8 GIRLS	WarmUp	100M		SP 1		300M	LJ 1			
U9 BOYS	WarmUp	100M		SP 2		300M		TJ 4		
U9 GIRLS	WarmUp	100M		TJ 4		300M		DIS 2		
U10 BOYS	WarmUp	DIS 1		100M	LJ 1	300M				
U10 GIRLS	WarmUp	100M		TJ 4		300M		DIS 2		
U11 BOYS	WarmUp	TJ 3		100M		400M			DIS 1	
U11 GIRLS	WarmUp	100M		DIS 1		400M			LJ 1	
U12 BOYS	WarmUp	100M		DIS 2		400M		LJ 2		
U12 GIRLS	WarmUp	100M		TJ 3		400M			LJ 1	
U13 BOYS	WarmUp	SP 2		100M		400M		TJ 3		
U13 GIRLS	WarmUp	100M		TJ 3		400M			SP 2	
U14 BOYS	WarmUp	DIS 2		100M		400M		LJ 2		
U14 GIRLS	WarmUp	LJ 1		100M		400M		SP 1		
U15 BOYS	WarmUp	DIS 2		100M		400M				
U15 GIRLS	WarmUp	LJ 1		100M		400M		SP 1		